# AOCOPM

## American Osteopathic College of Occupational and Preventive Medicine

The AOCOPM is an accredited sponsor of AOA-approved programs.

# Mid-Year Educational Conference and OPAM Workshops, sponsored by AOCOPM

**Lisa A. Klatka, DO, MS**
***President***

**Patrick T. Birchfield, DO, MPH, FAOCOPM**
***Program Chair***

**March 8-12, 2017**
**Chattanoogan Resort**

**Basic Course in Occupational Medicine, Part II, Wednesday, March 8, 2017**
*Co-Chairs: Naomi Wriston, DO, MS*
*Heather Williamson, DO*

*This program anticipates being approved for 7.5-8.5 credits of AOA Category 1-A CME credits, pending approval by the AOA CCME.*

**Mid-Year Conference Program, March 9-12, 2017**
*This program anticipates being approved for 24 - 27 credits of AOA Category 1-A CME, pending approval by the AOA CCME.*

**Scientific Expo and Exhibit Hall, March 9-10, 2017**

**DOT FMCSA National Certified Medical Examiners Course, Friday, March 10, 2017,**
*This program anticipates being approved for 8.0 credits of AOA Category 1-A CME credits, pending approval by the AOA CCME.*

**Medical Review Officer Certification Course, Saturday, March 11 – Sunday, March 12, 2017**
*This program anticipates being approved for 12 credits of AOA Category 1-A CME credits, pending approval by the AOA CCME.*

***Please join us at our 2017 OPAM Mid-Year Conference sponsored by AOCOPM***
***At the***
## *Chattanoogan Resort*

***For DO's, MD's, NP's, PA's, RN's, and CMA's***

# Mid-Year Educational Conference and OPAM Workshops, sponsored by AOCOPM

**2017 Program Planning Committee**

- Patrick T. Birchfield, DO, MPH, Chair
- Warren Silberman, DO (Aerospace Medicine)
- Dean Shoucair, DO, MPH (Occupational Medicine)
- Gregory Schwaid, DO, MPH (Public Health)
- Naomi Wriston, DO, MS and Heather Williamson, DO (Basic Course in Occupational Medicine Co-Chairs)
- Daniel Callan, DO, MPH (FMCSA Chair)
- Jim Ferguson, DO (MRO Course Chair)

**Program Objectives and Exhibitor Opportunities**

Through a series of lectures and case discussions, physician attendees will be provided with a wide variety of up-to-date practical information that can be easily applied to their everyday medical practice. Many of our attendees handle day-to-day medical cases while others serve as medical directors of various companies, clinics, healthcare facilities, public health units, and governmental agencies. Our exhibitors thus have the opportunity to interact with both local and national leaders and decision-makers in occupational and preventive medicine arenas.

The CME program will feature outstanding speakers who are experts in their fields. Sessions will address current and forthcoming medical issues of concern and interest. Topics will have particular appeal to the physicians who practice in the areas of occupational and environmental medicine, aerospace medicine, hyperbaric medicine, disability and impairment evaluations, and public health/general preventive medicine. Through the didactic sessions, refreshment breaks and various social activities, opportunities are provided for participants to interact and learn from their colleagues. Our exhibitors and sponsors are encouraged to provide support for these varied lectures and interchange activities.

The Scientific Expo and Exhibit Hall will open Thursday and Friday, March 9-10, from 6:30 am to 12:30 pm. Exhibitor Setup is Wednesday, March 8 from 3:00-6:00 pm. Breakfast will be served in the exhibit hall on both open days to promote visitation and interaction with exhibitors. Representatives from pharmaceutical companies, testing labs, device suppliers, physician employers, practice-management, and other medical industry partners will have the opportunity to meet our attendees on an individual basis and spend quality time educating them on new products and approaches to medical issues of common concern. The expo will provide a casual and relaxed atmosphere for professional interchange between attendees and company representatives.

*The AOCOPM reserves the right to make necessary changes to the program without notice to the attendees.*

**Exhibitor Information**

- Vendors will be able to select exhibit locations upon receipt of a completed application and fee. Apply early!
- Reduced fees are available to Colleges of Osteopathic Medicine, residency programs, and small companies. Call for application.
- Four larger corner exhibit spaces are available. Basic exhibit space is a draped six-foot table and chair. If other items are needed (8-ft table, electricity drop, internet connectivity, etc) please call to arrange. Charges may apply.
- Speaker grants, support of food functions, and support of other conference expenses should be discussed with Jeffrey LeBoeuf in the AOCOPM office to ensure compliance with PhRMA and regulatory guidelines. Please call for more info.
- Shipping and drayage have not been finalized and is responsibility of the exhibitor. Details will be forwarded.
- General hotel security to be provided. Call for special needs.

**Registration**

There are three methods to register for the AOCOPM Mid-Year Conference:

**Fax**

Complete the registration form and fax it to the AOCOPM office at (888) 932-3535. Visa, MasterCard, Discover and American Express are accepted.

**Mail**

Mail the registration form along with your check made out to the AOCOPM for the appropriate fees. To facilitate our planning for your participation, please register early.

**On-line**

Please visit our website, www.aocopm.org, and follow the link to our conference registration. Visa, MasterCard, Discover and American Express are accepted online.

**Hotel Accommodations**

The Chattanoogan Hotel a is the site for the 2017 AOCOPM Mid-Year Conference. The deadline for group reservations is February 13, 2017. To make your reservation call 800-619-0018. Ask for the AOCOPM group, #614259, or use our Hotel Link: 2017 AOCOPM Conference: Reservation Link ($159 per night; when registering for your sleeping room, only register yourself, unless you're room sharing with another conference participant). AOCOPM rates are available 3 days pre-conference and post-conference subject to availability.

# AOCOPM – TENTATIVE AGENDA

**OPAM Workshop #1: Basic Course in Occupational & Environmental Medicine, Part II**
***Naomi Wriston, DO, MS and Heather Williamson, DO, Co-Chairs (additional registration fees apply)***

**Wednesday, March 8, 2017**

| | | |
|---|---|---|
| | 7:00-8:00 am | Continental Breakfast and Registration |
| A. | 8:00 –8:30 am | Intro to AOCOPM, CAQ and Board of Preventive Medicine, Naomi Wriston, DO, MS |
| B. | 8:30-9:30 am | Legal Issues in Occupational Medicine, Paul Fowler, DO, JD, FAOCOPM |
| C. | 9:30-11:00 am | Plastics and Pesticides, Heather Williamson, DO |
| D. | 11:00 -12:00 noon | Physical Hazards, Elizabeth Clark, DO, MPH&TM, FAOCOPM |
| E. | 12:00 am-1:30 pm | Facility Walk Through, Carl Werntz, DO, MPH, FAOCOPM |
| F. | 1:30-2:30 pm | Disability/Impairment Evaluations, Paul Fowler, DO, JD, FAOCOPM |
| G. | 2:30-3:30 pm | Ergonomics, Elizabeth Clark, DO, MPH&TM, FAOCOPM |
| H. | 3:30-4:30 pm | Infectious Disease/Biological Hazards, Carl Werntz, DO, MPH, FAOCOPM |
| I. | 4:30-5:00 pm | Q&A, Post-Tests and Overview of Radiation Hazards (Handout), Heather Williamson, DO |

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## Mid-Year Conference Commences

### Thursday, March 9, 2017

| | | |
|---|---|---|
| | 7:00 – 8:00 am | Aerospace Medicine Division Meeting |
| A. | 8:00 – 10:00 am | Emergency Preparedness in Occupational Health, *Chris Rodriguez, DO, MPH* |
| *B.* | 10:30 – 11:30 am | OMT and Whiplash Related Injury, *Murray Berkowitz, DO, MPH* |
| *C.* | 11:30 – 12:30 pm | Occ Med Injuries in the Adolescent, *Peter Sherrill, DO* |
| D. | 12:30 – 2:00 pm | Miner Health/Drug Testing, *Carl Werntz, DO, MPH* |
| E. | 2:00 – 3:00 pm | Workplace Restrictions, *Elizabeth Clark, DO, MPH&TM, FAOCOPM* |
| F. | 3:00 – 4:00 pm | FMCSA/DOT, *Dan Callan, DO, MPH, FAOCOPM* |
| G. | 4:00 – 5:00 pm | Occupational Vision, *Michael D. Pattison, OD, MS, FAAO* |
| | 5:00 – 6:30 pm | Welcome Reception |

### Friday, March 10, 2017

| | | |
|---|---|---|
| | 7:00 – 8:00 am | Occupational Medicine Division Meeting |
| H. | 8:00 – 9:00 am | 3rd Class Medical Exemption, Warren Silberman, DO, FAOCOPM |
| I. | 9:00 – 10:00 am | Aerospace Infectious Disease, *Richard Roth, MD* |
| J. | 10:00 – 11:00 am | NTSB Cataracts Recommendation, *Nicholas Webster, MD, MPH* |
| K. | 11:00 – 12:00 pm | Aerospace Medical Technologies, Melchor Antunano, MD, MS |
| L. | 12:00 – 1:00 pm | AOCOPM Membership Lunch and Business Meeting, AOA Update |
| M. | 1:00 – 5:00 pm | Grand Rounds, Chattem, Inc. |
| | 5:00 – 7:00 pm | Faculty and Fellow Convocation |

### Saturday, March 11, 2017

| | | |
|---|---|---|
| | 7:00 – 8:00 am | Preventive Medicine/Public Health Division Meeting |
| N. | 8:00 – 9:00 am | Opiate Epidemic, *Peter Lascrides, DO* |
| O. | 9:00 – 10:00 am | Correctional Medicine, *John Mills, DO, MS, MPH, FAOCPM* |
| P. | 10:00 – 11:00 am | Impacts of Environmental Pollutants on Health, *Sean Richards. PhD* |
| *Q.* | 11:00 – 12:00 am | Public Health Law, *TJ Ferante, Esq* |
| R. | 12:00 – 1:00 pm | Lunch on Your Own |
| S. | 1:00 – 2:00 pm | "The Calorie Myth", *Nick Pennings, DO* |
| T. | 2:00 – 3:00 pm | Risk Communication Strategies for the Public Health Spokesperson, *Lisa Klatka, DO, MS* |
| U. | 3:00 – 5:00 pm | Obesity and Attributable Risk*, Howard Teitelbaum, DO, PhD, MPH* |
| | 5:00 pm | Dinner on Your Own |

### Sunday, February 12, 2017

| | | |
|---|---|---|
| V. | 8:00 – 9:00 am | Case Studies, *Lloyd Cleaver, DO, FAOCD* |
| W. | 9:00 – 11:00 am | Risk Management using EMR, *Patricia Hunt, DO, MHA and Tom Gallo, Esq* |

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**OPAM Workshop #2: DOT FMCSA National Registry of Certified Medical Examiners Course *(additional registration fees apply)***

**Friday, March 10, 2017**

**Course Faculty:**

- ***Dan Callan, DO, MPH, FAOCOPM, Chair***
- ***Elizabeth Clark, DO, MPH&TM, FAOCOPM***
- ***Charles Werntz, DO, MPH, FAOCOPM***

**A. 8:00-10:00 a.m. An Introduction to the Medical Program Update (2 credits)**

- Core Competencies of CME; Background, history, rationale, mission, & CME's role
- Commercial Medical Examiner route to certification
- CMV; driver's responsibilities & work;
- CMV; driver's identification.
- Obtaining, reviewing, & documenting medical history
- Prescription & over-the-counter medications.
- Medications/non-disqualifying medical conditions needing care

**10:00–4:00 p.m. Clinical Medical Standards, by Body System; Medical Examination; Performing & Documenting. (5.5 credits)**

**B. Hypertension**
**C. Respiratory Diseases**
**D. Diabetes**
**E. Hearing**
**F. Vision**
**G. Other Diseases**
**H. Musculoskeletal**
**I. Cardiovascular**
**J. Neurological**
**K. Psychiatry (including alcohol & drug abuse)**

**L. 4:00 -4:30 p.m. Wrap up, Panel Discussion, Questions (.5 credit)**
**M. Recent Changes**

*AOCOPM, as a training organization, will stay current with FMCSA's regulations & guidelines and provide timely, up-to-date continuous safety education and training.*

**OPAM Workshop #3: Toxicology Testing and the MRO:**
**A Physician's Role in the Deterrence of Substance Abuse in the Workplace**

OPAM
Occupational, Preventive & Aerospace Medicine

## March 11-12, 2017

***Note:*** *the order of presentations and faculty presenters may vary*

## Saturday, March 11, 2017

7:30-8:00 am Continental Breakfast
7:30 am-5:00 pm Registration

A. 8:00 – 8:10 am Opening Remarks and Course Introduction, James L. Ferguson, DO, FASAM
B. 8:10 - 9:30 am The Forensic Urine Collection, Donna R. Smith, PhD
C. 9:30 – 11:15 am The HHS Certified Laboratory and HHS5 Toxicology, R.H. Barry Sample, PhD, D-ABFT-FD
D. 11:15 – 12:00 pm The MRO Process I, James L. Ferguson, DO, FASAM
E. 12:00 – 1:00 pm Working Luncheon, Introduction to DOT Rules, Donna R. Smith, PhD
F. 1:00 – 2:05 pm Expanded Drug Panel Toxicology, R.H. Barry Sample, PhD, D-ABFT-FD
G. 2:0305 – 3:30 pm The MRO Process II, *(Slide Deck D, Continued),* James L. Ferguson, DO, FASAM
H. 3:20-4:30 pm Beating the Test-The Science, R.H. Barry Sample, PhD, D-ABFT-FD
I. 4:30 – 5:00 pm Case Review and Panel Discussion

## Sunday, March 12, 2017

7:30 - 7:55 am Continental Breakfast

J. 7:55 – 8:00 am Opening Remarks, James L. Ferguson, DO, FASAM
K. 8:00—9:00 am DOT D&A Rule Review and SAP Process, Donna R. Smith, PhD
L. 9:00—10:15 am The SVT Rules and Process, James L. Ferguson, DO, FASAM
M. 10:15—10:45 am Alcohol Testing-The Science, R.H. Barry Sample, PhD, D-ABFT-FD
N. 10:45 – 11:30 am DOT Alcohol Rule Review, Donna R. Smith, PhD
O. 11:30 – 12:30 pm Alternative Specimens and Technologies, R.H. Barry Sample, PhD, D-ABFT-FD
P. 12:23—1:00 pm Quiz, Case Reviews and Panel Discussion

1:00 pm Course Adjournment

**Please note: Completion of this course fulfills the training requirement for MRO certification or recertification through the Medical Review Officer Certification Council (MROCC). MROCC will be on-site Sunday afternoon to administer the certification examination following the course. You must register for the examination directly with the MROCC at** https://www.mrocc.org/getcertified.cfm

# OPAM Mid-Year Educational Conference 2017
# Sponsored by AOCOPM
# Register at www.aocopm.org today, or return this form!

Registration includes all CME lectures, access to exhibits, continental breakfasts and refreshment breaks.

Name: _____ D.O./M.D. _____ AOA#:_____

Billing Address: _____ City: _____ State: _____ Zip: _____

Work phone: (___ )_____ Fax: (___ )_____ Mobile (____)_____

E-mail Address:_____

| **Registration Fees** | **On or before Feb. 25, 2017** | **After Feb. 26, 2017** |
|---|---|---|
| **Mid-Year Convention** ***(Does not include Basic Course, DOT FMCSA Course, or MRO Review Course)*** | | |
| Mid-Year, AOCOPM Member | ☐ $495.00 | ☐ $550.00 |
| Mid-Year Non-Member | ☐ $600.00 | ☐ $675.00 |
| Mid-Year Midlevel (PA, NP) | ☐ $400.00 | ☐ $450.00 |
| Mid-Year, Retired & Residents | ☐ $200.00 | ☐ $250.00 |
| Mid-Year, One-Day Rate | ☐ $200.00 | ☐ $250.00 |
| **Separate Registration Required for Basic Course** | | |
| Basic Course in Occupational Medicine, Part II, Member | ☐ $395.00 | ☐ $450.00 |
| Basic Course, Part II, Non-Member | ☐ $495.00 | ☐ $550.00 |
| Basic Course, PAs & NPs | ☐ $300.00 | ☐ $350.00 |
| Basic Course, Residents & Retired | ☐ $150.00 | ☐ $200.00 |
| **Separate Registration Required for DOT FMCSA Course** | | |
| DOT FMCSA, AOCOPM Member | ☐ $450.00 | ☐ $550.00 |
| DOT FMCSA, Non-Member | ☐ $550.00 | ☐ $650.00 |
| **Separate Registration Required for MRO Review Course** | | |
| MRO Course, AOCOPM Member | ☐ $595.00 | ☐ $650.00 |
| MRO Course, Non-Member | ☐ $695.00 | ☐ $750.00 |
| **Total remitted:** | | |

**Payment:** ☐ Check made payable to AOCOPM or ☐ MasterCard, ☐ Visa, ☐ AmEx, ☐ Discover

Name on card_____

Card No._____

Exp. Date_____ CVC Code _____

Signature_____

**Mail To:** AOCOPM
6965 Cumberland Gap Parkway #1661
Harrogate, TN 37752

**or Fax To:** (888) 932-3535
**Questions?** (800) 558-8686
**More info** at www.aocopm.org