



American Osteopathic College
of Occupational & Preventive Medicine

AOCOPM News, July 2023



AOCOPM Members Appointed to AOA Committees

Dr. Naomi Wriston, current AOCOPM President, has been appointed to serve as a member of the **Committee on Public Affairs**. This Committee reviews and considers matters relating to public and industrial health, research and physical fitness.

Dr. Kris Belland, current AOCOPM President-Elect, has been appointed to serve as a member of the **Constitution and Bylaws Committee**. This Committee reviews and considers the wording of all proposed amendments to the AOA's Constitution, Bylaws and the Code of Ethics. Dr. Belland was appointed based on his activity in TOMA.

These committees will meet Friday, July 24, 2023, in Chicago during the 103rd Annual Meeting of the Board of Trustees and House of Delegates.



Video Challenge!

Get creative and enter our first ever video competition!

The AOCOPM is inviting you to produce an informative video on something related to occupational and preventive medicine:

- Be informative

- 6-10 minutes in length
- Open to all! Don't have to be an AOCOPM member to participate
- Winner will receive a cash reward!
- Deadline December 31, 2023

For more information and to enter the contest, go to

www.aocopm.org/video-challenge



AOCOPM Members Get \$100 Discount on OMED23 Registration

You won't want to miss AOCOPM's offerings at OMED23:

- [AOCOPM Agenda at OMED23](#)
- Register for OMED: <https://registration.experientevent.com/ShowAOA231>
- AOCOPM Members can receive \$100 off the full paid rate. Login to the member center to obtain the discount code: <https://aocopm.memberclicks.net/course-discount-codes>



NRCME Medical Review Board Membership Solicitation

FMCSA seeks 2 members to serve on its Medical Review Board, an advisory committee under the Federal Advisory Committee Act (FACA). MRB's 5 members provide FMCSA with medical advice and recommendations on medical standards and guidelines for the physical qualifications of operators of commercial motor vehicles (CMV). MRB members reflect expertise in a variety of medical specialties relevant to the driver fitness requirements of FMCSA. The FMCSA Administrator appoints members to 2-year renewable terms. MRB members serve as special government employees under FACA.

FMCSA is committed to ensuring MRB's diversity. Its membership shall include, to the extent practicable, individuals to represent persons with disabilities, as well as diversity of gender; geographic area; race and ethnicity; sexual orientation; medical expertise; and other factors to achieve the most diverse and comprehensive points of view.

To apply:

- 1) You must be a medical professional in a medical institution or private practice.
- 2) You must be a medical examiner in good standing on FMCSA's National Registry of Certified Medical Examiners.
- 3) Federal employees may not apply.
- 4) Please apply via email to mrb@dot.gov with the following 3 requirements:
 1. A current résumé showing relevant work history, including all medical certifications. This résumé must include your current mailing address and home address (if different) as well as a valid email address and phone number.
 2. A brief personal statement (2 paragraphs maximum) of why you wish to serve on MRB.
 3. One (1) letter of recommendation from someone who knows you and your work well. FMCSA will consider only one recommendation letter for each applicant.
- 5) FMCSA must receive complete applications by **COB, Monday, August 7**. Incomplete applications will not be considered.
- 6) If you have questions about your application or the process, please email mrb@dot.gov in advance of the deadline. Additional information about MRB and its functions may be found at www.fmcsa.dot.gov/mrb.



OSHA announces meeting of Federal Advisory Council on Occupational Safety and Health on July 13, 2023

WASHINGTON – The U.S. Department of Labor's Occupational Safety and Health Administration today announced a meeting of the Federal Advisory Council on Occupational Safety and Health on July 13, 2023, from 1 to 4 p.m. EDT.

FACOSH advises the Secretary of Labor on all matters relating to the occupational safety and health of federal employees. These matters include providing advice on how to reduce the number of injuries and illnesses in the federal workforce, and how to encourage federal executive branch departments and agencies to establish and maintain effective occupational safety and health programs.

The tentative agenda will include:

- The FACOSH subcommittee's work on addressing agencies' effective use of occupational safety and health management systems.
- OSHA's warehouse initiative.
- OSHA's work on workplace violence.

<https://www.osha.gov/news/newsreleases/trade/07102023#:~:text=OSHA%20announces%20meeting%20of%20Federal%20Advisory%20Council%20on,13%2C%202023%2C%20from%201%20to%204%20p.m.%20EDT>



Pregnant Workers Fairness Act

The Pregnant Workers Fairness Act (PWFA) is a new law that requires covered employers to provide “reasonable accommodations” to a worker’s known limitations related to pregnancy, childbirth, or related medical conditions, unless the accommodation will cause the employer an “undue hardship.” It went into effect on June 27, 2023.

<https://www.eeoc.gov/wysk/what-you-should-know-about-pregnant-workers-fairness-act>



CDC issues health advisory on measles amid uptick in cases

Ashleigh Hollowell (Twitter) via Becker's

After 16 confirmed cases of measles in the U.S., 88 percent of which were linked with international travel, the CDC on June 21 issued a health advisory warning about the uptick.

https://www.beckershospitalreview.com/public-health/cdc-issues-health-advisory-on-measles-amid-uptick-in-cases.html?origin=QualityE&utm_source=QualityE&utm_medium=email&utm_content=newsletter&oly_enc_id=4689J1163145A4Y



USPSTF finalizes recommendations on depression, anxiety, suicide risk screening in adults

Source: Helio

Key takeaways:

- It is the first time that the USPSTF recommended anxiety screening for all adults aged younger than 65 years.
- The evidence was insufficient to recommend screening for anxiety among older adults.

https://www.healio.com/news/primary-care/20230620/uspstf-finalizes-recommendations-on-depression-anxiety-suicide-risk-screening-in-adults?utm_source=selligent&utm_medium=email&utm_campaign=news&M_BT=49902565454



2023 Scorecard on State Health System Performance

Every year, the Commonwealth Fund's Scorecard on State Health System Performance uses the most recent data to assess how well the health care system is working in every U.S. state. This year, Massachusetts achieved the best overall score, consistently placing among the top states on the seven dimensions of health system performance we evaluate. Hawaii, New Hampshire, Rhode Island, and Vermont round out the top five.

The lowest-ranked states overall are Arkansas, Texas, Oklahoma, West Virginia, and Mississippi.

<https://www.commonwealthfund.org/publications/scorecard/2023/jun/2023-scorecard-state-health-system-performance>



Astronaut study sheds light on what makes them get sick more easily in space

Source: NPR podcast

<https://www.iowapublicradio.org/news-from-npr/news-from-npr/2023-06-22/astronaut-study-sheds-light-on-what-makes-them-get-sick-more-easily-in-space>



Is Long COVID Really 'Long Everything'?

Medscape Commentary, F. Perry Wilson, MD, MSCE

https://www.medscape.com/viewarticle/993373?src=FYE#vp_2

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(You can post on AOCOPM's social media, too)

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