



# AMERICAN OSTEOPATHIC COLLEGE OF OCCUPATIONAL AND PREVENTIVE MEDICINE

200 Volunteer Lane  
Harrogate, TN 37752

[WWW.AOCOPM.ORG](http://WWW.AOCOPM.ORG)

(800) 558-8686 ▪ (888)932-3535-fax

---

## DOT FMCSA NRCME PROGRAM

### Full Credit Designation

This program has been approved for 8.0 Category 1-A AOA CME Credits. The AOA designates this activity for a maximum of 8.0 *AMA PRA Category 1 Credits*<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

### Accreditation Statement

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the American Osteopathic Association (AOA) and the American Osteopathic College of Occupational and Preventive Medicine (AOCOPM). The AOA is accredited by the ACCME to provide continuing medical education for physicians.

### Overall Learning Objectives.

By the end of the AOCOPM DOT FMCSA NRCME training, the participants will be able to:

- Prepare CDME to appropriately perform CMV driver Physical Qualification Standards & Medical Guidance
- Understand and apply FMCSA resources in performance of Medical Exams.
- Review CDME responsibilities CMV driver history & exam, and the CDME role in drivers needing waivers, and Skills Performance Examinations.
- Use examples to introduce and reinforce, focusing on mandatory and likely testable topics

### Faculty:

- *Charles Wertz, DO, MPH, FAOCOPM, Course Director*
- *Dan Callan, DO, MPH, FAOCOPM*
- *Elizabeth P. Clark, DO, MPH&TM, FAOCOPM*
- *J. Michael Wieting, DO, MEd., MS, FAOCOPM-D*
- *Naomi Wriston, DO, MS, FAOCOPM*

## Timed Agenda:

- A. 8:00–10:30 a.m. An Introduction to the Medical Program Update (2 credits).** Dr. Wertz
- Core Competencies of CME; background, history, rationale, mission, & CME's role
  - Commercial Medical Examiner route to certification
  - CMV; driver's responsibilities & work
  - CMV; driver's identification.
  - Obtaining, reviewing, & documenting medical history
  - Prescription & over-the-counter medications.
  - Medications/non-disqualifying medical conditions needing care

**A1. 8:00 a.m. History and CDME Overview**

**A2. 8:45 a.m. Who Needs at "DOT" Medical: Duties of a CMV Operator**

**A3. 9:10 a.m. NRCME-The CDME Process**

**A4. 10:00 a.m. Becoming Certified as a CDME & Updates**

**10:30–4:00 p.m. Clinical Medical Standards, by Body System; Medical Examination; Performing & Documenting. (5.5 credits)**

**B. 10:30 a.m. Hypertension,** Dr. Clark

**C. 10:45 a.m. Respiratory Diseases,** Dr. Wriston

**D. 11:00 a.m. Diabetes,** Dr. Wertz

**E. 11:45 a.m. Hearing,** Dr. Callan

**F. 12:15 p.m. Vision,** Dr. Callan

**G. 12:30 p.m. Other Diseases,** Dr. Wriston

**H. 12:45 p.m. Musculoskeletal,** Dr. Wieting

**I. 1:30 p.m. Cardiovascular,** Dr. Wertz

**J. 2:00 p.m. Neurological,** Dr. Wieting

**K. 3:00 p.m. Psychiatry (including alcohol & drug abuse),** Dr. Clark

**L. 4:00–4:30 p.m. Wrap-Up, Panel Discussion, Questions,** Dr. Wertz (.5 credit)

- Additional diagnostic tests or medical opinions, as needed
- Obtaining medical specialist/treating physician opinion

**Please complete the evaluation of this program (available after course begins).**

**<https://www.surveymonkey.com/r/NRCME> Zoom**

**AOCOPM, as a training organization, will stay current with FMCSA's regulations & guidelines and provide timely, up-to-date continuous safety education and training.**

## Faculty Disclosures

The American Osteopathic Association has implemented a policy to comply with the current Accreditation Council for Continuing Medical Education (ACCME) Standards for Commercial Support requiring resolution of all faculty conflicts of interest. Faculty declaring a relevant commercial interest must be identified in the activity syllabus and/or program. In accordance with disclosure policies of AOA and the ACCME, every effort has been made to ensure all CME activities are balanced, independent, objective, and scientifically rigorous. These policies include complying with ACCME's Standards for Commercial Support and resolving all possible conflicts of interest for the Planning committees, Authors, Faculty and staff. The following faculty, presenters and planning committee members have indicated that they have no relationship that could be perceived as a potential conflict of interest:

- Charles Wertz, DO, MPH, FAOCOPM, Course Director
- Dan Callan, DO, MPH, FAOCOPM
- Elizabeth P. Clark, DO, MPH&TM, FAOCOPM

- *J. Michael Wieting, DO, Med, FAOCPMR*
- *Naomi Wriston, DO, MS, FAOCOPM*

**AOA Disclaimer**

The information in this educational activity is provided for general medical education purposes only and is not meant to substitute for the independent medical judgment of a physician relative to diagnostic and treatment options of a specific patient's medical condition. The viewpoints expressed in this CME activity are those of the authors/faculty. They do not represent an endorsement by the AOA. In no event will the AOA be liable for any decision made or action taken in reliance upon the information provided through this CME activity.