



What knowledge do you already have?

* 1. Which drug is immediately disqualifying for DOT driver?

- ☒ Methadone
- ☐ Oxycontin
- ☐ Zoloft
- ☐ Lyrica

* 2. A driver has an Abdominal Aortic Aneurysm that is 3 cm & reporting insidious onset of low back pain. How long should she be certified?

- ☐ 1 Year
- ☐ 6 months
- ☐ 2 years
- ☒ Not currently eligible

* 3. A driver seeking initial certification with a BP of 158/94 who is otherwise normal may be certified for:

- ☐ 1 Year
- ☒ 3 months
- ☐ 2 years
- ☐ Disqualified

* 4. A CMV driver seeks recertification with a BP of 164/94 who is otherwise normal may be certified for?

- ☐ 1 Year
- ☒ 3 months
- ☐ 2 years
- ☐ Disqualified

* 5. When checking the urinalysis during the physical exam which of the below requires additional information before the driver can be certified?

- ☒ 2+ Glucosuria
- ☐ Trace Hematuria
- ☐ Trace Proteinuria
- ☐ Specific Gravity > 1.030

* 6. A driver fails the whisper test. Audiometry is below. Does this driver meet the standards for hearing?

	500 hz	1000 hz	2000 hz	3000 hz	4000 hz
L	30 db	45 db	55 db	20 db	15 db
R	15 db	25 db	30 db	50 db	60 db

- ☒ Meets Standard
- ☐ Eligible for 3 month card only
- ☐ Does not meet standard

* 7. A new driver with a blood pressure of 142/92 who is otherwise normal can be certified for how long?

- ☒ 1 year
- ☐ 3 months
- ☐ 2 years
- ☐ Does not meet standard

* 8. A driver who recently had a myocardial infarction (MI) should wait how long before they can be certified?

- ☒ 2 months
- ☐ 1 month
- ☐ 6 months
- ☐ 1 yr.

* 9. Hitching and unhitching trailers requires:

- ☒ Prehension and Power grasp
- ☐ Body mass index no greater than 34
- ☐ Driver weight to be within FMCSA standards
- ☐ Neck circumference less than 18 inches

* 10. A driver who is taking insulin for their diabetes is accompanied by a treating doctor's note on their prescription pad approving them to drive commercial vehicles. This driver can be certified for:

- ☐ 3 month one time certificate
- ☐ 6 months
- ☐ 1 year
- ☒ Cannot certify at this time.

* 11. A driver with stable angina pectoris, taking occasional Nitroglycerin may be certified for:

- ☐ Do not certify
- ☐ 6 months
- ☒ 12 months
- ☐ 24 months

* 12. Which of the following is an exam finding covered by a specific regulation from FMCSA? (No examiner Discretion)

- ☒ Vision
- ☐ Deep vein thrombosis
- ☐ Symptomatic psychological depression
- ☐ Grade 2 hypertension

* 13. During your examination, a driver for a recertification examination has a blood pressure of 148/94 has been taking BP medications for 2 years. Your recommendation is:

- ☐ Give a one-time certification for 3 months
- ☐ Provide a 2-year certification
- ☒ Provide a one-year certification
- ☐ Pend the certification and refer back to Treating doctor, until you get more information.

* 14. What is the waiting period for someone who has had a moderate traumatic brain injury (TBI) without early seizure?

- ☒ 1 year
- ☐ 6 months
- ☐ 2 years
- ☐ 5 years

* 15. A driver had an implantable cardioverter-defibrillator implanted 8 months ago. He provides a note from his cardiologist reporting no ICD activations and opining that he is ready to return to truck driving. He may be certified for:

- ☐ 6 months
- ☐ 12 months
- ☐ 24 months
- ☒ Not currently eligible

* 16. A driver with a pacemaker can be certified for how long?

- ☒ 1 year
- ☐ 6 months
- ☐ 2 years
- ☐ Disqualified

* 17. Following an angioplasty an Exercise Stress Test should be done every how often.

- ☒ As directed by cardiologist.
- ☐ Every 12 Months
- ☐ Every 2 years
- ☐ Every 5 years

* 18. Following Coronary Artery Bypass Graft (CABG) drivers should not return to driving until which of the following has occurred:

- ☒ Healing of the Sternum
- ☐ Recovery of full shoulder mobility
- ☐ Stabilization of their Beta-blocker dosing
- ☐ Return of the PTT to normal

* 19. The medical examiner is expected to consider which of the following conditions that could impact driving safety?

- ☒ Mental conditions
- ☐ Road conditions
- ☐ Axle weights
- ☐ Number of passengers

* 20. Which of the following is a non-discretionary disqualifying portion of the vision standard?

- ☒ Color Vision
- ☐ Intra-ocular Pressure
- ☐ Ophthalmoscopic evaluation
- ☐ Nystagmus

* 21. If a driver has lost their right foot, What is the maximum certification period after they have an SPE (Skills Performance Evaluation)?

- ☐ 3 months
- ☐ 1 year
- ☒ 2 years
- ☐ Disqualified

* 22. What is the next step for a driver who has greater than 40db of hearing loss in one ear, but the other ear is normal?

- ☐ Referral for audiologist evaluation
- ☒ Issue certificate
- ☐ Deny - does not meet standards
- ☐ Refer for Skills Performance Evaluation (SPE)

* 23. AOA Number, required to file CME. *Please type NA if you are not a DO.*

* 24. Please type your first and last names here, along with the date. This will serve as your Electronic Signature. Example: Jane Smith, DO 3/7/2019