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Beyond the "Nuts and Bolts": Changing the Paradigm in a New Age of Health Care Delivery

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"Excellence is never an accident. It is always the results of high intention, sincere effort, and intelligent execution; it represents the wise choice of many alternatives – choice, not chance, determines your destiny."

- Aristotle

Working Together to Work Wonders

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Objectives

At the conclusion of this presentation, participants should be able to:

- Emphasize the constitutional basis for offender healthcare.
- Reinforce offender healthcare services to include 8th amendment rights, deliberate indifference, Estelle v. Gamble, and community standard of care.
- Understand the levels of care provided by UTMB Correctional Managed Care.
- Underscore the ethical dilemmas in correctional care.

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Did you know?

Inmates are the only
Americans with a guaranteed
right to adequate healthcare as
a result of the Historic 1976 U.S.
Supreme Court Ruling in the
Texas case, Estelle v. Gamble.

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U.S. Inmates are Constitutionally Entitled to Healthcare, Requiring States to Provide Comprehensive Care Programs

U.S. and hose Correctional Healthcare Timeline

#P Amendment
1978

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History of Correctional Care

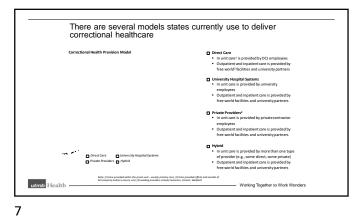
- Estelle v. Gamble, U.S. 1976
- Established that prison inmates have a constitutional right to treatment.
- Based upon the 8th amendment to the U.S. Constitution prohibiting "cruel and unusual punishment."
- Defined "deliberate indifference" as deliberately withholding medical care constitutes unnecessary infliction of pain.
- Cost of care is not defense (Hepatitis C)

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Texas is One of Three States That Uses a University-led Model; ~50% of States Have Now Outsourced Their Care to a Private Provider

Texas Correctional Health

Correctional Managed Care

Strategic Partnership between:

- The Texas Department of Criminal Justice
- The University of Texas Medical Branch at Galveston
- Texas Tech University Health Sciences Center

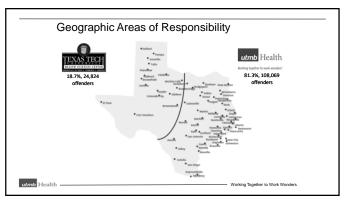
Focused upon a shared Mission:

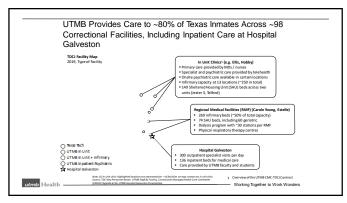
To develop a statewide health care network that provides TDCJ offenders with timely access to a constitutional level of health care while also controlling costs

Managed by a statutorily established body:

• The Correctional Managed Health Care Committee

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Population

- · Overall inmate service population has increased 5.9% from FY2023
 - o Average daily census through 1st quarter
 - FY2023: 125,435FY2024: 132,894
- Inmates aged 55 or older population has increased 6.6% from FY2023
 - o Average daily census through 1st quarter
 - FY2024: 20,685
 - While comprising about 15.6% of the overall service population, these inmates account for 50.6% of the hospitalization costs received to date.
- EY2024 average number of psychiatric inpatients through 1st quarter: 1.738
- o FY2024 average number of psychiatric outpatients through 1st quarter: 33,532

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UTMB Correctional Health utmb Health 14

Correctional Managed Care (CMC)

- · Contract originated September 1994
- Correctional Managed Healthcare Committee (CMHCC)
- Partners
 - Texas Department of Criminal Justice (TDCJ)

 - Texas Correctional Office on Offenders with Medical or Mental Impairments (TCOOMMI)
- . UTMB CMC currently has 2,994 employees
- . There are 79 facilities within TDCJ

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Correctional Managed Care (CMC)

- Inmate Service Population: 108,069
- . Healthcare Encounters: 11,674,248 annually
- · Infirmaries: 16 infirmaries, 539 total infirmary beds within TDCJ
- Huntsville Pharmacy 4.57 million prescriptions filled in FY23
- Dialysis: 2nd Largest Outpatient Dialysis Facility in Texas (217)
- UTMB Laboratory: 534,000 tests performed annually
- . Facility Imaging: Plain film, Mammography, MRI
- · Quality (HEDIS) / Accreditation (ACA)
- Off-site Hospital Network: 107 Hospital (9 with LBB exemption).

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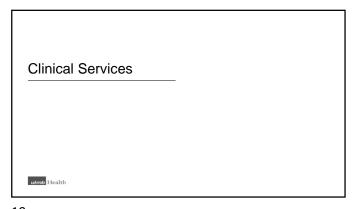
Facility Healthcare Services

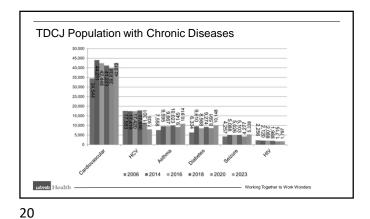
- Intake screening
- Sick call
- · Chronic care Mental health
- · Dental services
- CID · Laboratory services
- Radiology
- Infirmary and SHU services
- Pill window
- · Pearl electronic health record
- Telemedicine Dialvsis
- Respiratory therapy
- PT/OT
- Hospice
- · Prenatal services
- BAMBI

- George Washington a 34-year-old male inmate admitted to UTMB for cellulitis. He also has Hepatitis C and HTN
- He is serving a life sentence for murder.
- He has heard about new curative therapies for Hep C and is requesting treatment.
- The cost of new Direct Acting Antiretroviral for Hep C

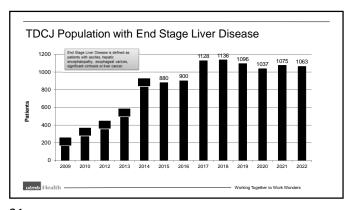
Dilemma: Should George be treated for Hep C?







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ESRD in TDCJ: By the Numbers (FY23 Snapshot)

Estelle Unit (Huntsville, TX)

• Capacity: 300, census: 179

• Male offenders of all custodies (State Jail confines to Death Row).

Carole Young Unit (Texas City, TX)

• Capacity: 42, census: 30

• All female offenders and male offenders with comprehensive medical needs.

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Dialysis in TDCJ: By the Numbers (June 2023 Snapshot)

CMC cost per patient per treatment: \$268
Cost per patient per treatment freeworld: \$1,403
Annual savings: \$30,748,285

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Success: CVC Reduction Project

March 2022: Census 218 patients

- 144 (66%) patients had arteriovenous fistula (AVF) or graft (AVG)
- 144 (66%) patients had arteriovenous fistula (AVF) or graft (AVG)
 74 (33%) patients used a CVC
- Seven patients used CVC with maturing AVF or AVG
- October 2022: Census 218 patients

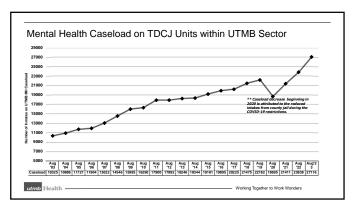
 173 (80%) patients have AVF or AVG
 - 173 (80%) patients have AVF or
 44 (20%) have a CVC
 - 26 with maturing AVF or AVG
 - Of remaining 18
 - 13 have signed Refusals of Treatment for permanent access creation
- Five (2%) awaiting access creation

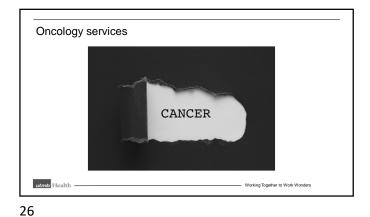
 Recultor
- 199 (91%) patients have a mature or maturing AVF or AVG.
- Achieved 30 days prior to goal.

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Virology Services

Services provided - HIV

- 1868 patient
- Evaluation and management of appropriate Anti-retroviral medications.
- Identified at Intake, enrolled in HIV clinics within 4 weeks of Intake; those newly diagnosed or not on active HIV medications are prioritized and seen within 2 weeks.
- Evaluation, management and monitoring of Opportunistic Infections, including appropriate prophylactic treatments and vaccinations.
- HIV- focused discharge planning for patient releasing from TDC.

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HIV medications

- · Generic Anti-Retroviral medications
- · First line medications for viral suppression in formulary
- 80% viral suppression (national average of 66%,CDC, as of 2021)

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Services provided - Hepatitis B and C

- Universal testing (opt out) for Hepatitis C.
- Chronic HBV infection referred to the Virology clinics.
- Chronic HCV infection referred based on their APRI, which reflects their disease stage.
- Prioritize their treatment based on their liver disease stage.
- Hepatitis -focused discharge planning for patients releasing from TDC custody.

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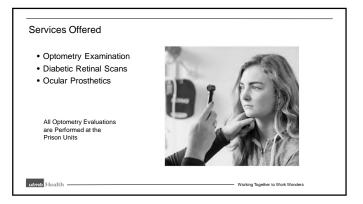


Hepatitis Statistics, as of 11/2/2023 • 7963 patients diagnosed with HCV SVR 98% (cure rate) 1793 (24%) cured 98% (SVR) cure rate in the last 1 year, of the 835 patients treated, released and returned to custody, only 1 was found to have been re-infected with HCV • 244 patients diagnosed with HBV 59% on treatment 13% are cured Working Together to Work Wonders

Optometry

Health

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FY2023 Clinic Volumes

25,000

CORRECTIONAL MANAGED CARE OPTICAL STATS

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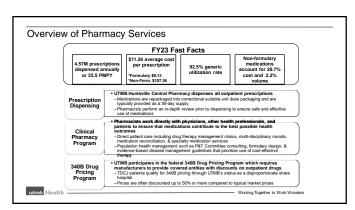
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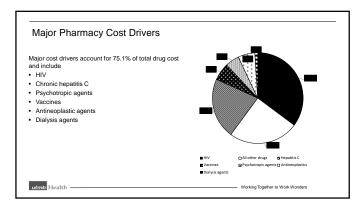
Pharmacy

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Strategies Used to Maximize Services Clinical pharmacy program — P&T Committee consulting — Formulary and utilization management — Medication therapy management — Academic detailing and educational programs — Drug information • Formulary management program — Strict formulary controls — Use of disease management guidelines Centralized drug distribution services Technology EHR & electronic POE - EHR & electronic POE - Pharmacy automation - Electronic stock ordering system Board of Pharmacy initiatives - Elimination of pharmacist final check - Conversion of inpatient orders to discharge orders - Reclamation program - Purchasing initiatives - 340B drug pricing program - Prime vendor agreement - Single source contracts - Monitoring generic drug prices



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Cost Savings Initiatives

In addition to leveraging the 340B Program, UTMB utilizes its clinical expertise, formulary management program, contracting strategies, and distribution capabilities to drive additional savings.

Strategy	Description	FY22 Annual Savings
340B Drug Program	Participation in the 340B Program provides substantial discounts	\$105M
Formulary Management Non-formulary Consults	 Requests for non-formulary drugs requires authorization by clinical pharmacists to assess medical necessity over approved formulary agents 	\$3.5M
Formulary Management Drug Sourcing	Generic equivalent sourcing prioritizes the use of the most cost- effective agents	\$0.34M
Contract Strategy Wholesaler Cost Discount	 Wholesaler contract terms provides a volume discount on drug purchases Cost of good sold discount is provided due to UTMB's purchase volume and payment cycle terms 	\$3.5M
Contract Strategy 340B Sub-ceiling Price for High-Cost Drugs	 A discount was obtained for a preferred agent for the treatment of chronic Hepatitis C A discount was negotisted for combination agents used for the treatment of HIV 	\$20.2M
Reclamation Avoidable Drug Waste	 Unused medications are returned for distribution to prevent avoidable drug waste 	\$4.7M

Working Together to Work Wonders

Baby and Mother Bonding Initiative (BAMBI)

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BAMBI program

- · Baby And Mother Bonding Initiative
- Partnership with
 - Rehabilitation Programs Division
 UTMB and Santa Maria Hostel
- Accepts up to 22 mothers with their babies
- Mother receives

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- Education in child development
 First aid and CPR, life skills, nutrition
 Anger management and family reunification
 Life altering skills

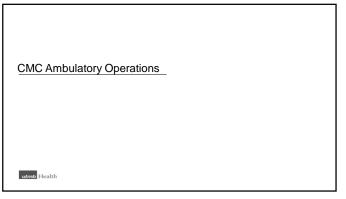


Case 2: Level of Appropriate Care?

- · 42-year-old John Adams with Liver Cirrhosis from Hepatitis C, he was admitted to UTMB with Hepatic Encephalopathy from decompensated cirrhosis.
- His MELD score is 30 and is not a candidate for liver
- He has no family or next of kin on file.
- · Hepatology feels that the patient is terminal and a palliate care/hospice referral/DNR is appropriate.
- · Patient is confused and lacks decisional making

Conundrum: Should the team discontinue therapy and transition to hospice care?



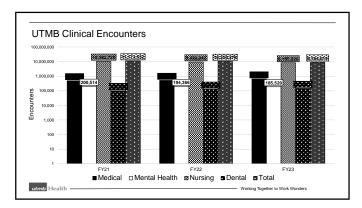


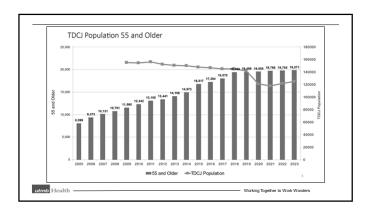
UTMB CMC Patient Demographics

- . 30% of CMC patients have at least one chronic condition
- 8,000 patients with asthma
- 2,500 patients with heart disease
- 34,000 patients with
- 8,000 patients with diabetes
- 14,500 patients with hepatitis C 2,000 patients who are HIV+
- · 290 dialysis patients (the largest dialysis program in the state of Texas)
- · 509 infirmary beds
- 1,000 mental health inpatients
- 18,500 patients on the mental health caseload
- Rapidly growing 55+ population 20,000 patients

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Ethics

Being deprived of one's liberty does not also imply the deprivation of one's humanity or dignity.



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Ethical Principles Autonomy

· Patient has right to refuse or choose their treatment

Non-Maleficence

· Primum non nocere / first do no harm

Beneficence

· Act in the best interest of the patient

Confidentiality

· Act of keeping patient information private

Examples of ethical dilemma in caring for prisoners · Hepatitis C https://www.prisonpolicy.org/ LGBTQ care · Gender Dysphoria Solid organ transplant

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General Approach to Ethical Dilemmas

- 1. Recognize the need for ethical inquiry
- 2. Collect facts and understand stakeholder perspectives
- Clinical indications, patient preferences, quality of life, contextual features*
- Identify the ethical issues/values at conflict
- 4. Discuss options and develop a plan
- 6. Consider options that may resolve the ethical dilemma if patient were in a freeworld context.
- 7. Are there pragmatic/safety concerns within the correctional context that limit

Case 3: End of Life

- Thomas Jefferson a 60-year-old death row inmate admitted to UTMB MICU for end stage heart disease.
- Patient is tired of frequent hospitalizations
 Cardiology concurs and feels transition to comfort care serves his best medical interests

Conundrum: Can a physician discuss end of life and DNR orders

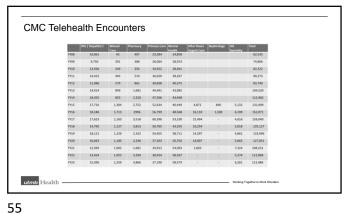
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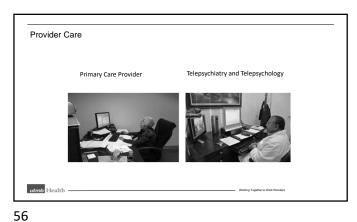
Telemedicine

Correctional Managed Healthcare - History of Telemedicine

- Early 1990s.
- Telehealth started with full range of diagnostic capabilities.
- Equipment ranges from \$1,500-\$8,000 per unit depending on
- †Internet speed higher resolutions has drastically improved telehealth capabilities.
- Evolution of Electronic Health Record (EHR) in 2004 has further enhanced capabilities due to readily available history being widely accessible
- · CMC an early adopter







Telehealth Cost Savings and Expansion Opportunities Cost Savings: Estimated Cost Avoidance = \$6.3M annually **Expansion Opportunities:** Teleoptometry Teledentistry. Other disciplines.

Case 4: Surrogate Decision Maker 82-year-old James Madison was admitted to UTMB with Hypoxic respiratory failure, ESLD and severe dementia (MMSE 10/30) The patient isn't responding to treatment and does not have an advanced directive. Dilemma: Next steps?

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Ethical Principles Principles at conflict: Beneficence & non-maleficence vs. Autonomy • We don't know what the Patient's preferences are nor is there a surrogate to provide us insight into his values, preferences or beliefs. • Conduct reasonable search for family/next of kin If no surrogate located, request an independent assessment of the plan of care; proceed if there is documented concurrence. (The "double doc")

CMC Quality utmb Health



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	UTMB HEDIS* Sco	res				
	UTMB	Current I	Current HEDIS Benchmark			
Asthma	91.9%	90.0%				
Diabetes						
HgbA1C	68.0%	48.3%	*The Healthcare			
Blood Pressure	55.4%	60.3%	Effectiveness Data and Information Set (HEDIS® is a widely used set of			
Nephropathy Screening	95.0%	89.7%	performance measures developed and maintaine by the National Committe			
Statin Therapy	81.4%	64.7%	for Quality Assurance (NCQA).			
Hypertension	58.6%					
Mental Health: Diabetes Screen	ning 86.3%	79.2%				
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HEDIS Measure	Definition
Asthma	Percentage of patients who were prescribed the appropriate treatment based on the current CMC asthma disease management guideline at the time of the report.
Hypertension	Percentage of hypertension patients whose most recent blood pressure measurement at the time of the report met bot the systolic and diastolic standards (<140/90).
Coronary Artery Disease (CAD)	Percentage of male CAD patients 21-75 years of age and female CAD patients 40-75 years of age who were dispensed a statin medication during the last 12 months.
Diabetes	
HbA1c	Percentage of diabetes patients whose most recent HbA1c result at the time of the report was <8%.
Statin Therapy	Percentage of diabetes patients 40-75 years of age who do not have clinical cardiovascular disease who were dispensed statin medication during the last 12 months.
BP	Percentage of diabetes patients whose most recent blood pressure was less than 140/90.
Nephropathy Screening	Percentage of diabetes patients who have either had a documented urine micro albumin result in the EMR or who have an active prescription for an ACE inhibitor or ARB medication.
Mental Health Diabetes Screening	Diabetes screening for People with Schizophrenia or Bipolar disorder who are using antipsychotic medication.

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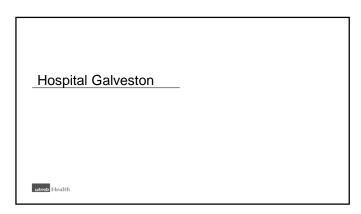
Case 5: Level of Appropriate Care?

1. 74 year old James Monroe admitted to UTMB with transfusion dependent myelodysplastic syndrome, ESILD and Osteomyelitis

1. His mentation waxes and wanes, he is unable to provide clear directive to the team about further transfusion. His prognosis remains very poor.

1. His family lives in Austin.

Dilemma: Should the team continue to transfuse him?

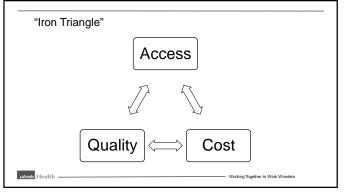


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Hospital Galveston

- ➤ Opened in 1983
- Only maximum security hospital on the campus of a major academic medical center
- One of a kind setting granting nurses, students, fellows, residents and faculty a very diverse pathology
- > Tertiary acute inpatient and outpatient facility
- Accredited by Joint Commission for Accreditation of Health Care Organizations







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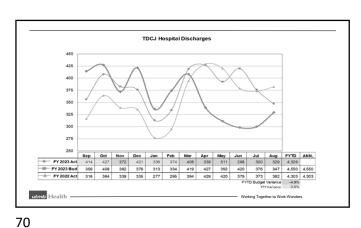
Mission, Vision and Values Mission Hospital Galveston's mission is to provide patient centered, high quality, evidenced based and high value care to the offender population of Texas. Vision At Hospital Galveston, we will provide the best care to every patient, every time, through a culture of patient and family centeredness. Values We exude integrity. We commit to safety. We embrace diversity and innovation.

We exemplify quintessential professionalism.

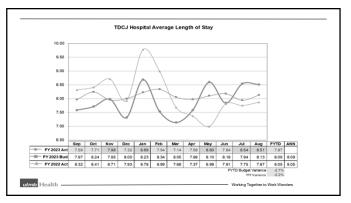
FY23 HG Inpatient Metrics

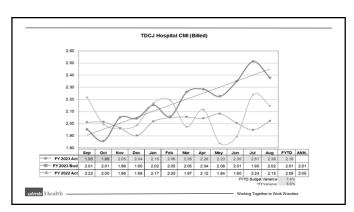
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Metrics		FY16	FY17	FY18	FY19	FY20	FY21	FY22	FY23	
Average Census (101.3	100.7	91.0	93.0	87.1	87.7	94.9	93.4	
Case Mix (Weighte Acuity)		1.65	1.66	1.67	1.97	2.19	2.14	2.05	2.15	
Avg. Len		9.02	8.37	6.94	8.19	7.64	7.70	8.05	7.87	
Discharg	es	4,109	4,392	4,787	4,141	3,660	4,158	4,303	4,329	
				Perce	nt	LO	s			
	In	firmary	,	-	11%		10.8			
	GI	>		59%			6.2			



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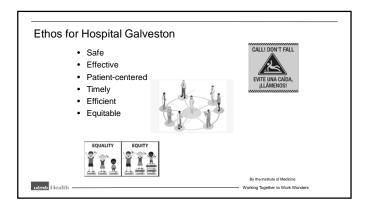


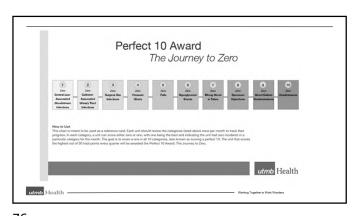






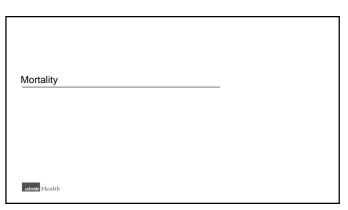




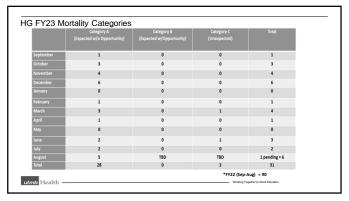


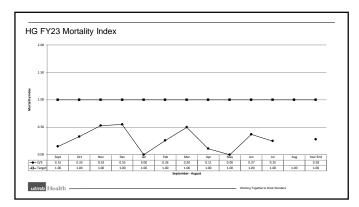
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		Ju10 y	to Zer	o Sel	o 22 – <i>F</i>	\ug :	23					
					FY23 Hospi	tal Gal	veston Jou	nev to Zero				
Reporting End Date	CLABSI	CAUTI	HAPI/UAPI (Stage III/IV)	Inpt Falls	Hypoglycemic Event	WBIT	Specimen Rejection	Blood Culture Comtamination	Unplanned Readmissio n	Total Potential Harm Score	# Discharges	Harm/I
FY22 AVG (Baseline)	1.25 (2/qtr)	0.83 (1.25/qtr)	0.16	7.58 (Goal+5)	9	0.33	111.22	8	49.17	179.54	379.17	47.39
Sep-22	0	0	1	7	5	0	96	7	64	173	413	41.89
Oct-22	0	1	0	5	10	0	102	7	69	187	425	44.00
Nov-22	2	0	0	2	11	0	106	8	54	175	373	46.92
FY23Q1	2	1	1	14	26		304	22	187	535	1208	44.29
Dec-22	1	1	0	10	6	0	105	9	72	195	418	46.65
Jan-23	0	1	1	13	15	0	118	7	45	193	335	57.61
Feb-23	0	1	0	9	11	1	101	7	62	185	373	49.60
FY23Q2	1	3	1	32	32	1	324	23	179	573	1126	50.89
Mar-23	0	0	0	16	13	0	123	3	59	211	411	51.34
Apr-23	2	1	0	4	5	0	91	4	44	147	340	43.24
May-23	1	0	0	2	4	0	115	2	46	168	311	54.02
FY23Q3	3	1	0	22	22	0	329	9	149	526	1062	49.53
Jun-23	2	0	1	4	5	0	102	2	40	154	298	51.68
Jul-23	2	0	0	9	11	0	95	8	33	150	299	50.17
Aug-23	0	0	1	5	6	0	120	2	37	169	329	51.37





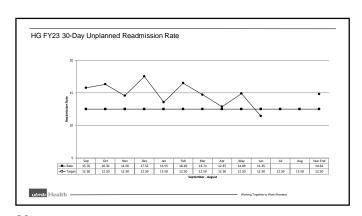




79 80

Readmissions

Mealth



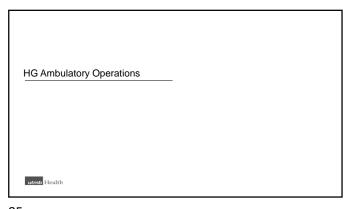
81 82

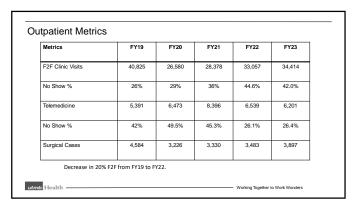
HACs/PSIs

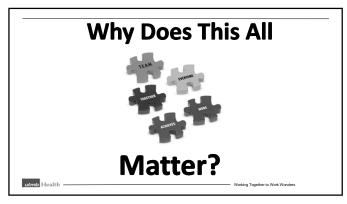
Health

		HG	HACs/PSIs Cases - FY 20	23		
Month	NHSN: CLABSI	NHSN: CLABSI NHSN: CAUTI Vizient: PSI12 Periop DVT/PE Vizient: HAPI/UAPI (PSI03: Stage III/IV)				
September	0	0	0	1	2	
October	0	1	0	0	1	
November	2	0	2	0	2	
December	1	1	0	0	2	
January	0	1	0	1	5	
February	0	1	0	0	0	
March	0	0	1	0	4	
April	2	1	0	0	0	
May	1	0	0	0	1	
June	2	0	1	1	0	
July	2	0	0	0	2	
August	TBD	TBD	TBD	TBD	1	
Total	10	5	4	3	20	







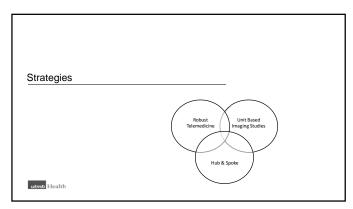






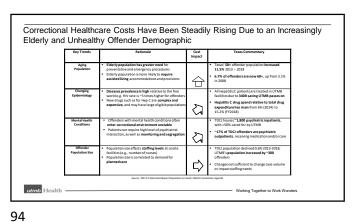




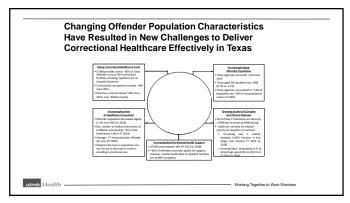


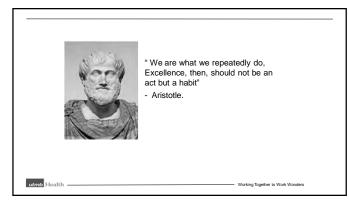
91 92



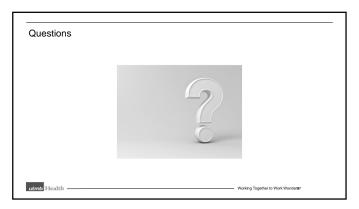


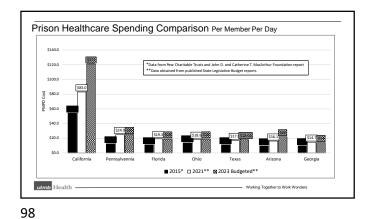
93











97



99 100

